

Aging Connections

Geriatric Healthcare Resource

This table of screenings and assessments may be useful to the geriatric healthcare practitioner in caring for older patients. This is not a complete list of geriatric syndromes or their screenings and assessments. Nor is this list intended to represent the most common screenings (although in some cases this might be true); rather, this table represents the plethora of geriatric screenings and assessments that are available to the geriatric healthcare practitioner in caring for today's older adults.

Geriatric Syndrome	Screenings & Assessments	Resources
Falls and Imbalance	<ul style="list-style-type: none"> – Timed Get Up and Go Test – Tinetti Balance and Gait Evaluation – Falls Efficacy Scale-International (FES-I) – fear of falling 	Hartford Institute for Geriatric Nursing http://consultgerim.org/resources Iowa Geriatric Education Center https://www.healthcare.uiowa.edu/igec/tools/
Functional Ability	<ul style="list-style-type: none"> – Katz Index of Independence in Activities of Daily Living – The Lawton Instrumental Activities of Daily Living Scale 	Hartford Institute for Geriatric Nursing http://consultgerim.org/resources
Caregiver Stress	<ul style="list-style-type: none"> – Zarit Burden Interview – The Caregiver Strain Index – The Preparedness for Caregiving Scale 	Hartford Institute for Geriatric Nursing http://consultgerim.org/resources Iowa Geriatric Education Center https://www.healthcare.uiowa.edu/igec/tools/
Cognition and Mental Health	<ul style="list-style-type: none"> – Yesavage Geriatric Depression Scale 	Hartford Institute for Geriatric Nursing

	<ul style="list-style-type: none"> – Mini-Mental Status Exam (MMSE) – The Mini-Cog™ – Blessed Orientation-Memory-Concentration Test for the Visually Impaired – Clock Drawing Test 	<p>http://consultgerirn.org/resources</p> <p>National Institute on Aging http://www.nia.nih.gov/research/cognitive-instrument</p>
Elder Mistreatment	<ul style="list-style-type: none"> – Elder Assessment Instrument (EAI) – Caregiver Abuse Screen (CASE) 	<p>Hartford Institute for Geriatric Nursing http://consultgerirn.org/resources</p> <p>National Initiative for the Care of the Elderly http://www.nicenet.ca/tools-elder-abuse</p>
Immunizations	<ul style="list-style-type: none"> – Adult Immunization Scheduler – Adult Vaccination Tracker and Guide – Vaccine Administration Record for Adults 	<p>Centers for Disease Control and Prevention http://www.cdc.gov/vaccines/schedules/Schedulers/adult-scheduler.html</p> <p>National Foundation for Infectious Diseases http://www.adultvaccination.org/professional-resources/practice-toolkit</p> <p>Immunization Action Coalition http://www.immunize.org/clinic/screening-contraindications.asp</p>
Medications	<ul style="list-style-type: none"> – Medication Knowledge Assessment – Medication Nonadherence Risk Assessment 	<p>American Society on Aging / American Society of Consultant Pharmacists http://www.adultmeducation.com/AssessmentTools.html</p>
Nutrition	<ul style="list-style-type: none"> – Malnutrition Universal Screening Tool (MUST) – Mini Nutritional Assessment (MNA) 	<p>British Association of Parenteral and Enteral Nutrition http://www.bapen.org.uk/pdfs/must/must_full.pdf</p> <p>Hartford Institute for Geriatric Nursing http://consultgerirn.org/resources</p>

Oral Health	<ul style="list-style-type: none"> – The Kayser-Jones Brief Oral Health Status Examination (BOHSE) – Oral Health Assessment Tool (OHAT) for Dental Screening (for functionally dependent and cognitively impaired older adults) 	<p>Hartford Institute for Geriatric Nursing http://consultgerirn.org/resources</p> <p>Iowa Geriatric Education Center https://www.healthcare.uiowa.edu/igec/tools/</p>
Palliative Care	<ul style="list-style-type: none"> – Edmonton Symptom Assessment Scale (ESAS) – Needs at the End-of-life Screening Tool (NEST) – Palliative Performance Scale (PPS) 	<p>National Palliative Care Research Center http://www.npcrc.org/content/25/Measurement-and-Evaluation-Tools.aspx</p> <p>Iowa Geriatric Education Center https://www.healthcare.uiowa.edu/igec/tools/</p>
Pressure Ulcers	<ul style="list-style-type: none"> – Braden Scale for Predicting Pressure Sore Risk – PUSH Tool 3.0 	<p>Hartford Institute for Geriatric Nursing http://consultgerirn.org/resources</p> <p>The National Pressure Ulcer Advisory Panel (NPUAP) http://www.npuap.org/resources/educational-and-clinical-resources/push-tool/</p>
Urinary Incontinence	<ul style="list-style-type: none"> – Urinary Distress Inventory-6 (UDI-6) – Incontinence Impact Questionnaire-7 (IIQ-7) – Bladder Diary/Record 	<p>Hartford Institute for Geriatric Nursing http://consultgerirn.org/resources</p> <p>Iowa Geriatric Education Center https://www.healthcare.uiowa.edu/igec/tools/</p>

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