IMPROVING THE HEALTH OF OUR ELDERS: TOPICS IN GERIATRIC MEDICINE

Sponsored by:
The Consortium of Ohio Geriatric Academic Programs
The Offices of Geriatric Medicine/Gerontology at:
Case Western Reserve University, School of Medicine
Northeastern Ohio Universities Colleges of Medicine and Pharmacy
The Ohio State University, College of Medicine
Ohio University, College of Osteopathic Medicine
University of Cincinnati, College of Medicine
The University of Toledo, College of Medicine
Wright State University, Boonshoft School of Medicine
and
The University of Toledo, Center for Continuing Medical Education

Supported by:
Ohio Geriatrics Society
Office of Continuing Medical Education at the
Ohio University College of Osteopathic Medicine (OU-COM)
Register now for the 20th Annual Statewide Geriatric Medicine Conference 2009
Friday, October 16 - Sunday, October 18, 2009

CONFERENCE REGISTRATION
Please register at your earliest convenience as enrollment is limited by the capacity of the conference facility. A late processing/cancellation fee of $25 applies after October 1, 2009.
Notice of cancellation must be received in writing.

OVERNIGHT ACCOMMODATIONS
Please call 1-800-282-7275 and use the group name “Geriatric Medicine Conference” to reserve overnight accommodations at Salt Fork Resort and Conference Center. Block room reservations and discount room rates will be held until August 16, 2009.

Salt Fork Resort and Conference Center is located at:
Route 22 East, Cambridge, OH 43725 • 740-439-2751

TO REGISTER
Online: cme.utoledo.edu
By Fax: 419-383-6602 - Must include credit card information.
By Mail: Center for Continuing Medical Education, MS #1181
The University of Toledo
Health Science Campus
3000 Arlington Avenue
Toledo, Ohio 43614

Meals: Participant meals are included with the registration fee. Guest/Family Meal tickets are available for purchase (see fees below)

NAME BADGES WILL BE PROVIDED AS PROOF OF PAYMENT AND MUST BE WORN AT ALL MEALS

QUESTIONS, PLEASE CALL OR E-MAIL US:
Phone: 419-383-4237
becky.roberts@utoledo.edu

PRINT or TYPE CLEARLY. Duplicate form for multiple registrations.

REGISTRATION FORM 20TH ANNUAL STATEWIDE GERIATRIC MEDICINE CONFERENCE

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Total $________ __________

Please charge $________ __________ to my: □ MasterCard □ Visa □ Discover

Number __________ Signature __________ Expiration Date __________

Make check payable to: UT-CME 110417

Mail this form to: Center for Continuing Medical Education, MS #1181
The University of Toledo, Health Science Campus
3000 Arlington Avenue, Toledo, Ohio 43614

Fax this form to: 419-383-6602

Conference Fees: (for the participant)

Includes continuing education credits, materials and meals (Friday reception, Breakfast both Saturday and Sunday, Saturday Banquet-participant only)

- Health care professionals $290
- Medical fellows, residents and students $145

Registration deadline October 1, 2009. Cancellations must be in writing and are subject to a $50 administrative fee.

To help us plan, please register for the following (included with Conference registration fee):

- Saturday buffet lunch
- Annual meeting of the Ohio Geriatrics Society (all welcome to attend Saturday lunch buffet)
- Friday Evening Reception
- Saturday banquet dinner
- Saturday night bonfire (at no charge for participant and guests) Total attending (including self) #

Please purchase additional Guest/Family Meal Tickets as needed: (PARTICIPANT meals are included in registration fee)

All meals includes Friday Evening Reception, two Continental Breakfasts, and both Lunch and Banquet Dinner on Saturday.

- For ________ Adults x $75 each $ __________
- For ________ Children (Ages 5-16) x $35 each (children age 5 and under eat free) $ __________

Saturday Banquet Dinner only (tickets also available on site)

- For ________ persons x $30 each (children age 5 and under eat free) $ __________

Note Special Restrictions:

Indicate your Saturday Workshop Preference:

3:30 p.m. □ A □ D □ F □ B 4:30 p.m. □ C □ D □ E □ B 5:30 p.m. □ C □ F □ E □ A
**IMPROVING THE HEALTH OF OUR ELDERS: TOPICS IN GERIATRIC MEDICINE**

**Friday, October 16, 2009**

6:00 p.m.  Conference Registration and Wine & Hors d’oeuvres Reception
6:45 p.m.  Conference Welcome, *Victoria Steiner, Ph.D.*
7:00 p.m.  **Symposium I: Concepts in Geriatric Care:**  
*Moderator: Victoria Steiner, Ph.D.*

- **Legal & Ethical Issues in Long-Term Care**, Larry W. Lawhorne, M.D.
- **Transitional Care Across the Settings**, Stuart J. Kanter, D.O., CMD
- **Palliative Care: In Addition to Pain**, John F. McGreevey, Jr., M.D.

Discussion and Questions

9:00 p.m.  Adjournment

**Saturday, October 17, 2009**

7:15 a.m.  Conference Registration and Breakfast
8:00 a.m.  **Symposium II: Challenges for the Practitioner:**  
*Moderator: Cynthia G. Olsen, M.D., FAAFP, CMD*

- **Chemical Dependency Treatment of the Older Adult**, Steven W. Clay, D.O., CMD
- **Antipsychotic Medication Use in the Nursing Home**, Allison J. Batchelor, M.D., CMD
- **Practical Care of Chronic Renal Failure**, Shobha Ratnam, M.D., Ph.D.

Discussion and Questions

10:00 a.m.  Break

10:30 a.m.  **Symposium III: Neuropsychiatric Topics:**  
*Moderator: Cynthia G. Olsen, M.D., FAAFP, CMD*

- **Understanding Gait Disorders**, Babak Tousi, M.D.
- **Update on Alzheimer’s Dementia**, Alina Rais, M.D.
- **Emerging Understanding of Vascular Cognitive Impairment**, Brendan Kelley, M.D., MS

Discussion and Questions

12:30 p.m.  General Luncheon Buffet

**Sunday, October 18, 2009**

8:00 a.m.  **Symposium IV: Hematology/Oncology Topics in Geriatrics:**  
*Moderator: Wayne Carlsen, D.O., FACOI*

- **Chemotherapy in the Geriatric Population: To Treat or Not To Treat**, Margie Garena Lewis, M.D.
- **Chronic Refractory Anemia in Older Adults**, Gordana Gataric, M.D.

Discussion and Questions

9:15 a.m.  Break

9:30 a.m.  **Symposium V: Management Issues for Better Patient Care:**  
*Moderator: Wayne Carlsen, D.O., FACOI*

- **News in Osteoporosis**, Laura E. Ryan, M.D.
- **Evidenced Based Pharmacotherapy Literature Update**, Robert J. Cluxton, Jr., PharmD, MBA, CGP
- **Undernutrition of the Frail Elder**, Ronan Factora, M.D.

Discussion and Questions

11:30 a.m.  Adjournment
**OBJECTIVES**

- List the three most common regulatory/legal issues in long-term care.
- Identify barriers to transitional care.
- Apply principles of end of life symptom management to symptoms such as nausea, dyspnea and delirium.
- Discuss treatment of addiction in the older adult.
- Discuss appropriate indications for antipsychotic use in the nursing home.
- Recognize signs and symptoms of chronic renal failure in elderly patients.
- Classify different abnormalities of gait and address accordingly.
- Recognize the latest developments in treating Alzheimer’s dementia.
- Discuss the emerging definition and construct of vascular cognitive impairment.
- Generate ideas for the management of ambulatory medical emergencies in the older adult.
- Discuss evidence-based literature supporting the use of complementary and alternative therapies as integrative modalities in the treatment of stress.
- Describe current political activity regarding health care reform.
- Describe the importance of exercise, nutrition, mental stimulation and social engagement for successful aging.
- Recognize soft tissue infections.
- Discuss office practice billing improvement.
- Describe the role of chemotherapy in the geriatric population.
- Discuss practical approach to work up of chronic refractory anemia.
- Provide an update on evaluation and management of postmenopausal osteoporosis.
- Evaluate current evidenced based pharmacotherapy literature that may change your prescribing habits.
- Discuss the risks and benefits of taking commonly used vitamin supplements.