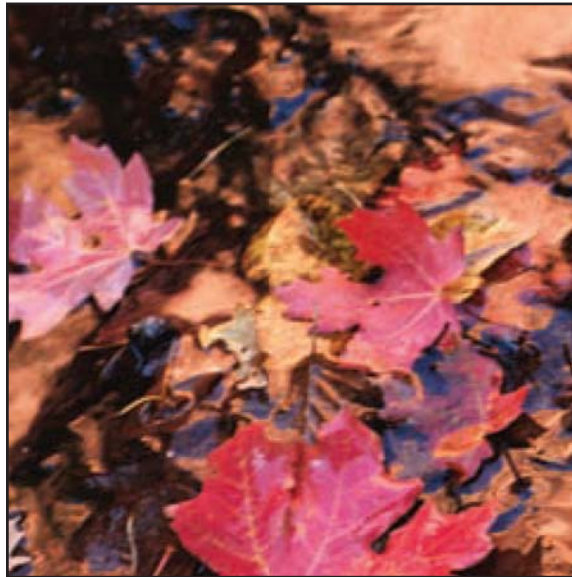


THE 20TH ANNUAL STATEWIDE GERIATRIC MEDICINE CONFERENCE 2009  
SALTFORK RESORT AND CONFERENCE CENTER, CAMBRIDGE, OHIO

Friday, October 16 - Sunday, October 18, 2009

## IMPROVING THE HEALTH OF OUR ELDERERS: TOPICS IN GERIATRIC MEDICINE



### **Sponsored by:**

**The Consortium of Ohio Geriatric Academic Programs**

The Offices of Geriatric Medicine/Gerontology at:  
*Case Western Reserve University, School of Medicine*  
*Northeastern Ohio Universities Colleges of Medicine and Pharmacy*  
*The Ohio State University, College of Medicine*  
*Ohio University, College of Osteopathic Medicine*  
*University of Cincinnati, College of Medicine*  
*The University of Toledo, College of Medicine*  
*Wright State University, Boonshoft School of Medicine*

and

**The University of Toledo, Center for Continuing Medical Education**

### **Supported by:**

*Ohio Geriatrics Society*  
*Office of Continuing Medical Education at the*  
*Ohio University College of Osteopathic Medicine (OU-COM)*



# IMPROVING THE HEALTH OF OUR ELDERS: TOPICS IN GERIATRIC MEDICINE

Register now for the 20th Annual Statewide Geriatric Medicine Conference 2009  
Friday, October 16 - Sunday, October 18, 2009

## CONFERENCE REGISTRATION

Please register at your earliest convenience as enrollment is limited by the capacity of the conference facility. A late processing/cancellation fee of \$25 applies after October 1, 2009.  
**Notice of cancellation must be received in writing.**

## OVERNIGHT ACCOMMODATIONS

Please call 1-800-282-7275 and use the **group name "Geriatric Medicine Conference"** to reserve overnight accommodations at Salt Fork Resort and Conference Center. Block room reservations and discount room rates will be held until August 16, 2009.

*Salt Fork Resort and Conference Center is located at:  
Route 22 East, Cambridge, OH 43725 • 740-439-2751*

## TO REGISTER

**Online:** cme.utoledo.edu  
**By Fax:** 419-383-6602 - Must include credit card information.  
**By Mail:** Center for Continuing Medical Education, MS #1181  
The University of Toledo  
Health Science Campus  
3000 Arlington Avenue  
Toledo, Ohio 43614  
**Meals:** Participant meals are included with the registration fee. Guest/Family Meal tickets are available for purchase (see fees below)

**NAME BADGES WILL BE PROVIDED AS PROOF OF PAYMENT AND MUST BE WORN AT ALL MEALS**

## QUESTIONS, PLEASE CALL OR E-MAIL US:

**Phone:** 419-383-4237  
becky.roberts@utoledo.edu

**PRINT or TYPE CLEARLY. Duplicate form for multiple registrations.**

## REGISTRATION FORM 20TH ANNUAL STATEWIDE GERIATRIC MEDICINE CONFERENCE

Name _____				
Address _____		City _____	State _____	Zip _____
Specialty/Profession _____		Degree _____	Telephone _____	
Total \$ _____		E-mail _____		
Please charge \$ _____ to my: (check one)		<input type="checkbox"/> MasterCard	<input type="checkbox"/> Visa	<input type="checkbox"/> Discover
Number _____		Signature _____		Expiration Date _____

**Make check payable to: UT-CME 110417**

**Mail this form to:** Center for Continuing Medical Education, MS #1181  
The University of Toledo, Health Science Campus  
3000 Arlington Avenue, Toledo, Ohio 43614  
**Fax this form to:** 419-383-6602

### Conference Fees: (for the participant)

Includes continuing education credits, materials and meals (Friday reception, Breakfast both Saturday and Sunday, Saturday Banquet-participant only)

Health care professionals	\$290	\$ _____
Medical fellows, residents and students	\$145	\$ _____

Registration deadline October 1, 2009. Cancellations must be in writing and are subject to a \$50 administrative fee.

To help us plan, please register for the following (included with Conference registration fee):

Saturday buffet lunch **Please Circle**  
Yes / No

OR Annual meeting of the Ohio Geriatrics Society (all welcome to attend Saturday lunch buffet) Yes / No

Friday Evening Reception Yes / No

Saturday banquet dinner Yes / No

Saturday night bonfire (at no charge for participant and guests) Total attending (including self) # \_\_\_\_\_

### Please purchase additional Guest/Family Meal Tickets as needed: (PARTICIPANT meals are included in registration fee)

**All meals** includes Friday Evening Reception, two Continental Breakfasts, and both Lunch and Banquet Dinner on Saturday.

For \_\_\_\_\_ Adults x \$75 each \$ \_\_\_\_\_

For \_\_\_\_\_ Children (Ages 5-16) x \$35 each (children age 5 and under eat free) \$ \_\_\_\_\_

**Saturday Banquet Dinner only** (tickets also available on site)

For \_\_\_\_\_ persons x \$30 each (children age 5 and under eat free) \$ \_\_\_\_\_

Note Special Restrictions: \_\_\_\_\_

### Indicate your Saturday Workshop Preference:

3:30 p.m.  A  D  F  B      4:30 p.m.  C  D  E  B      5:30 p.m.  C  F  E  A

# IMPROVING THE HEALTH OF OUR ELDERS: TOPICS IN GERIATRIC MEDICINE

Friday, October 16, 2009

- 6:00 p.m. Conference Registration and Wine & Hors d'oeuvres Reception  
6:45 p.m. Conference Welcome, *Victoria Steiner, Ph.D.*  
7:00 p.m. **Symposium I: Concepts in Geriatric Care:**  
*Moderator: Victoria Steiner, Ph.D.*  
**Legal & Ethical Issues in Long-Term Care,** *Larry W. Lawhorne, M.D.*  
**Transitional Care Across the Settings,** *Stuart J. Kanter, D.O., CMD*  
**Palliative Care: In Addition to Pain,** *John F. McGreevey, Jr., M.D.*  
Discussion and Questions  
9:00 p.m. Adjournment

Saturday, October 17, 2009

- 7:15 a.m. Conference Registration and Breakfast  
8:00 a.m. **Symposium II: Challenges for the Practitioner:**  
*Moderator: Cynthia G. Olsen, M.D., FAAFP, CMD*  
**Chemical Dependency Treatment of the Older Adult,** *Steven W. Clay, D.O., CMD*  
**Antipsychotic Medication Use in the Nursing Home,** *Allison J. Batchelor, M.D., CMD*  
**Practical Care of Chronic Renal Failure,** *Shobha Ratnam, M.D., Ph.D.*  
Discussion and Questions  
10:00 a.m. Break  
10:30 a.m. **Symposium III: Neuropsychiatric Topics:**  
*Moderator: Cynthia G. Olsen, M.D., FAAFP, CMD*  
**Understanding Gait Disorders,** *Babak Tousi, M.D.*  
**Update on Alzheimer's Dementia,** *Alina Rais, M.D.*  
**Emerging Understanding of Vascular Cognitive Impairment,** *Brendan Kelley, M.D., MS*  
Discussion and Questions  
12:30 p.m. General Luncheon Buffet  
Annual Meeting of the Ohio Geriatric Society

Saturday Workshop	A. Office Emergencies in the Older Adult, <i>Timothy J. Lewis, M.D.</i>
Discussion Seminars	B. New Concepts in Stress, <i>Rosanne M. Radziewicz, R.N., PMHCNS-BC &amp; Kathleen Ondus, M.S.N., GCNS, BC</i>
<i>Pick One For Each Session</i>	C. What To Expect in Health Care Reform, <i>Steve Swedlund, M.D.</i>
3:30-4:25p.m. A,D,F,B	D. Successful Aging : Evidence for Counseling Patients <i>Elizabeth Baum, M.D., CMD</i>
4:30-5:25p.m. C,D,E,B	E. Soft Tissue Infections, <i>Richard E. Schlanger, M.D., Ph.D., FACS</i>
5:30-6:25p.m. C,F,E,A	F. Practice Management Update, <i>James W. Campbell, M.D., MS</i>

- 7:00 p.m. Dinner Banquet Followed by Bonfire

Sunday, October 18, 2009

- 8:00 a.m. **Symposium IV: Hematology/Oncology Topics in Geriatrics:**  
*Moderator: Wayne Carlsen, D.O., FACOI*  
**Chemotherapy in the Geriatric Population: To Treat or Not To Treat**  
*Margie Garena Lewis, M.D.*  
**Chronic Refractory Anemia in Older Adults,** *Gordana Gataric, M.D.*  
Discussion and Questions  
9:15 a.m. Break  
9:30 a.m. **Symposium V: Management Issues for Better Patient Care:**  
*Moderator: Wayne Carlsen, D.O., FACOI*  
**News in Osteoporosis,** *Laura E. Ryan, M.D.*  
**Evidenced Based Pharmacotherapy Literature Update,**  
*Robert J. Cluxton, Jr., PharmD, MBA, CGP*  
**Undernutrition of the Frail Elder,** *Ronan Factora, M.D.*  
Discussion and Questions  
11:30 a.m. **Adjournment**

## FACULTY

**Allison J. Batchelor, M.D., CMD**, Associate Professor, Geriatric Medicine and Gerontology, Ohio University, College of Osteopathic Medicine

**Elizabeth Baum, M.D., CMD**, Associate Program Director Geriatric Medicine Fellowship Program, Associate Professor of Medicine, Northeastern Ohio Universities Colleges of Medicine and Pharmacy

**James W. Campbell, M.D., MS**, Professor, Family Medicine, Case Western Reserve University, Geriatric Center Director, The MetroHealth System

**Steven W. Clay, D.O., CMD**, Associate Professor, Family Medicine, Ohio University, College of Osteopathic Medicine

**Robert J. Cluxton, Jr., PharmD, MBA, CGP**, Professor of Pharmacy Practice & Family Medicine, University of Cincinnati, College of Medicine

**Ronan Factora, M.D.**, Assistant Professor, Geriatric Medicine, Cleveland Clinic Lerner College of Medicine

**Margie Garena Lewis, M.D.**, Assistant Professor, Hematology/Oncology, Division Neuro-Oncology, University of Cincinnati, College of Medicine

**Gordana Gataric, M.D.**, Assistant Professor, Department of Geriatrics, Wright State University, Boonshoft School of Medicine

**Stuart J. Kanter, D.O., CMD**, Geriatrician, Division of Geriatric Medicine, Summa Health System

**Brendan Kelley, M.D., MS**, Director of Behavioral Neurology Division, University of Cincinnati, College of Medicine

**Larry W. Lawhorne, M.D.**, Professor and Chair, Department of Geriatrics, Wright State University, Boonshoft School of Medicine

**Timothy J. Lewis, M.D.**, Assistant Professor, Internal Medicine and Geriatrics, University of Cincinnati, College of Medicine, Medical Director, Cincinnati VA Community Living Center

**John F. McGreevey, Jr., M.D.**, Medical Director, Hospice of Northwest Ohio

**Kathleen Ondus, M.S.N., GCNS, BC**, Gerontological Clinical Nurse Specialist, Associate Director, Western Reserve Geriatric Education Center, MetroHealth Medical Center and Western Reserve Geriatric Education Center, Case Western Reserve University

**Rosanne M. Radziewicz, R.N., PMHCNS-BC**, Psychiatric Advanced Practice Nurse, Department of Nursing, The MetroHealth System

**Alina Rais, M.D.**, Associate Professor, Psychiatry, The University of Toledo, College of Medicine

**Shobha Ratnam, M.D., Ph.D.**, Assistant Professor of Medicine, Division of Nephrology, The University of Toledo, College of Medicine

**Laura E. Ryan, M.D.**, Assistant Professor of Medicine, The Ohio State University

**Richard E. Schlanger, M.D., Ph.D., FACS**, Clinical Director, Comprehensive Wound Center, The Ohio State University

**Steve Swedlund, M.D.**, Director, Geriatric Medicine Fellowship, Department of Geriatrics, Wright State University, Boonshoft School of Medicine

**Babak Tousi, M.D.**, Assistant Clinical Professor, Medicine, Cleveland Clinic Lerner College of Medicine, Case Western Reserve University, Geriatric Movement Disorder Specialist

## CME/ACCREDITATION

The University of Toledo is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Toledo designates this educational activity for a maximum of 12.00 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

The Ohio University College of Medicine is approved by the American Osteopathic Association as an accredited continuing medical education provider. This program anticipates being approved for 12 AOA Category 2-A credits.

## OBJECTIVES

- List the three most common regulatory/legal issues in long-term care.
- Identify barriers to transitional care.
- Apply principles of end of life symptom management to symptoms such as nausea, dyspnea and delirium.
- Discuss treatment of addiction in the older adult.
- Discuss appropriate indications for antipsychotic use in the nursing home.
- Recognize signs and symptoms of chronic renal failure in elderly patients.
- Classify different abnormalities of gait and address accordingly.
- Recognize the latest developments in treating Alzheimer's dementia.
- Discuss the emerging definition and construct of vascular cognitive impairment.
- Generate ideas for the management of ambulatory medical emergencies in the older adult.
- Discuss evidence-based literature supporting the use of complementary and alternative therapies as integrative modalities in the treatment of stress.
- Describe current political activity regarding health care reform.
- Describe the importance of exercise, nutrition, mental stimulation and social engagement for successful aging.
- Recognize soft tissue infections.
- Discuss office practice billing improvement.
- Describe the role of chemotherapy in the geriatric population.
- Discuss practical approach to work up of chronic refractory anemia.
- Provide an update on evaluation and management of post-menopausal osteoporosis.
- Evaluate current evidenced based pharmacotherapy literature that may change your prescribing habits.
- Discuss the risks and benefits of taking commonly used vitamin supplements.