Beliefs about medicines questionnaire (BMQ) Horne, Weinman, Hankins, (1999) *Psychology and Health*, 14, 1-24

## BMQ –Specific

Your views about medicines prescribed to you.

- I would like to ask you about your personal views about medicines prescribed for your asthma.
- These are statements other people have made about their asthma medication.
- Please indicate the extent to which you agree or disagree with them by placing a cross in the appropriate box.
- There are no right or wrong answers. I am interested in your personal views.
- Please only cross one box per question.

# 1) My health at present depends on my asthma medicines

Strongly agree	agree	uncertain	disagree	strongly disagree					
2) Having to take asthma medication worries me									
Strongly agree	agree		disagree	strongly disagree					
3) My life would be impossible without my asthma medication									
Strongly agree	agree	uncertain	disagree	strongly disagree					
4) Without my asthma medication I would be very ill									
Strongly agree	agree	uncertain	disagree	strongly disagree					

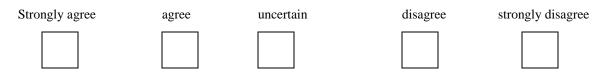
# 5) I sometimes worry about the long-term effects of my asthma medication

Strongly agree	agree	uncertain	disagree	strongly disagree				
6) My asthma medication is mystery to me								
Strongly agree	agree	uncertain	disagree	strongly disagree				
7) My health in the future will depend on my asthma medication								
Strongly agree	agree	uncertain	disagree	strongly disagree				
8) My asthma medication disrupts my life								
Strongly agree	agree	uncertain	disagree	strongly disagree				
9) I sometimes worry about becoming too dependent on my asthma medication								
Strongly agree	agree	uncertain	disagree	strongly disagree				
10) My asthma medication protects me from becoming worse.								
Strongly agree	agree	uncertain	disagree	strongly disagree				

#### BMQ-General

- I would like to ask you about your personal views about medicines in general.
- These are statements other people have made about medicines in general.
- Please indicate the extent to which you agree or disagree with them by ticking the appropriate box.
- There are no right or wrong answers. I am interested in your personal views.
- Please only tick one box per question.

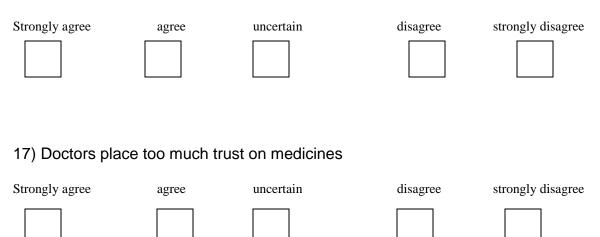
#### 11) Doctors use too many medicines



# 12) People who take medicines should stop their treatment for a while every now and again.

Strongly agree	agree	uncertain	disagree	strongly disagree				
13) Most medicines are addictive.								
Strongly agree	agree	uncertain	disagree	strongly disagree				
14) Natural remedies are safer than medicines								
Strongly agree	agree	uncertain	disagree	strongly disagree				
15) Medicines do more harm than good.								
Strongly agree	agree	uncertain	disagree	strongly disagree				

## 16) All medicines are poisons



18) If doctors had more time with patients they would prescribe fewer medicines.







disagree



