

COMMITMENT TO CHANGE (Short Form)

Educational Session:

As a result of this educational session I will . . .

I anticipate the following difficulties or barriers to this change:

Name: _____

Date: _____

Adapted from: Wakefield J, Herbert CP, Maclure M, Dormuth C, Wright JM, Legare J, Brett-MacLean P, Premi J.
Commitment to change statements can predict actual change in practice.
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