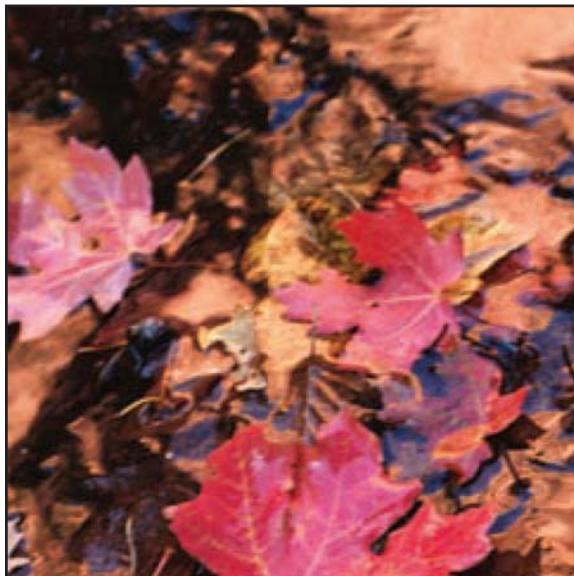


THE 23RD ANNUAL STATEWIDE GERIATRIC MEDICINE CONFERENCE 2012  
SALTFORK RESORT AND CONFERENCE CENTER, CAMBRIDGE, OHIO

Friday, October 12 - Sunday, October 14, 2012

2012

## IMPROVING THE HEALTH OF OUR ELDERS: TOPICS IN GERIATRIC MEDICINE



### Sponsored by:

**The Consortium of Ohio Geriatric Academic Programs**

The Offices of Geriatric Medicine/Gerontology at:

*Case Western Reserve University, School of Medicine*  
*Northeast Ohio Medical University*

*The Ohio State University, College of Medicine*

*Ohio University Heritage College of Osteopathic Medicine*

*University of Cincinnati, College of Medicine*

*The University of Toledo, College of Medicine and Life Sciences*

*Wright State University, Boonshoft School of Medicine*

*and*

**The University of Toledo, Center for Continuing Medical Education**

### Supported by:

*Ohio Geriatrics Society (OGS)*

*Office of Continuing Medical Education at the*  
*Ohio University College of Osteopathic Medicine (OU-COM)*



# IMPROVING THE HEALTH OF OUR ELDERS: TOPICS IN GERIATRIC MEDICINE

## Friday, October 12, 2012

6:00 p.m. Conference Registration and Wine & Hors d'oeuvres Reception (*2nd level*)  
6:45 p.m. Conference Welcome, *Cynthia G Olsen, MD, FAAFP, CMD*  
7:00 p.m. **Symposium I: What's New In Geriatric Pharmacotherapy** (*2nd level Ballroom*)  
*Moderator: Cynthia G. Olsen, MD, FAAFP, CMD*  
**New Oral Anticoagulants, Karissa Y. Kim, PharmD, CACP, BCPS**  
**Pharmacology Updates, Robert J. Cluxton, Jr., PharmD, MBA**  
**Antibiotic Stewardship in LTC, Thomas M. File, Jr, MD, MSc, MACP, FIDSA, FCCP**  
Discussion & Questions  
9:00 p.m. Adjournment

## Saturday, October 13, 2012

7:15 a.m. Daily Sign-In (*2nd level*) (*Breakfast on 4th level*)  
8:00 a.m. **Symposium II: Neuro-Psychiatric Disorders Update** (*2nd level Ballroom*)  
*Moderator: Larry W. Lawhorne, MD*  
**Frontotemporal Dementia: An Overview, Brian S. Appleby, MD**  
**Treating the Aged Patient with Chronic Mental Illness, Lisa Gray, MD**  
**Sleep in Older Adults, Jennifer Molano, MD**  
Discussion and Questions  
10:00 a.m. Break  
10:30 a.m. **Symposium III: Issues in Elder Care** (*2nd level Ballroom*)  
*Moderator: Elizabeth O'Toole, MD*  
**Dermatology Issues in Geriatrics: Part III, Cynthia G. Olsen, MD, FAAFP, CMD**  
**Liability Issues: Should I Really Be Worried?, Larry W. Lawhorne, MD**  
**Age-Related Macular Degeneration: Overview, Current Management and Future Directions**  
*Michael Wells, MD*  
Discussion and Questions  
12:30 p.m. General Luncheon Buffet (*4th Level*)  
Annual Meeting of the Ohio Geriatric Society (*3rd level Morgan Room*)

Saturday Workshop	A. Faculty Development (2 hrs) Details on Page 4	
Discussion Seminars	<b>Part I: Christine Taylor, PhD</b>	
<i>Pick One For Each Session</i>	<b>Part II: Jeffrey Schlaudecker, MD, Quratulain Syed, M, Amanda Lathia, MD</b>	
<b>3:30-5:25p.m.</b>	<b>A</b>	
3:30-4:25p.m.	B,D	B. Gerontechnology: You've Got An App For That?, <i>Christopher Bernheisel, MD</i>
4:30-5:25p.m.	C,D,E	C. Improving Function After An Illness: What Works?, <i>Orson J. Austin, MD</i>
5:30-6:25p.m.	B,C,E	D. Care-Transitions: From Hospital to Home, <i>Nancy A. Istenes, DO, CMD</i>
		E. Home Care Medicine Update, <i>Bill Zafirau, MD</i>
7:00 p.m.	Dinner Banquet ( <i>4th level</i> )	

## Sunday, October 14, 2012

7:15 a.m. Daily Sign-In (*2nd level*) (*Breakfast on 4th level*)  
8:00 a.m. **Symposium IV: Rheumatologic Dilemmas in Older Persons** (*2nd level Ballroom*)  
*Moderator: Donald O. Mack, MD, FAAFP, CMD*  
**Giant Cell Arteritis and Polymyalgia Rheumatica, Carol A. Langford, MD, MHS, FACP**  
**Evaluation of Spinal Complaints in the Elderly, Cynthia Kuttner-Sands, MD, CMD**  
Discussion and Questions  
9:15 a.m. Break  
9:30 a.m. **Symposium V: Nutritional, Metabolic & GI Issues in Elders** (*2nd level Ballroom*)  
*Moderator: Cynthia G Olsen, MD, FAAFP, CMD*  
**Obesity in the Elderly, Derrick Cetin, DO**  
**Feeding Decisions: What Works? What Doesn't?, Donald O Mack, MD, FAAFP, CMD**  
**A Practical Approach to Abdominal Pain in the Elderly, Jen Tzer Gau, MD, PhD**  
Discussion and Questions  
11:30 a.m. **Adjournment**

## FACULTY

**Brian S. Appleby, MD**, Active Staff, Lou Ruvo Center for Brain Health; Active Staff Department of Psychiatry & Psychology, Neurological Institute, Cleveland Clinic

**Orson J. Austin, MD**, Associate Professor of Family Medicine, University of Cincinnati, College of Medicine

**Christopher Bernheisel, MD**, Assistant Professor, University of Cincinnati; Program Director, Family Medicine, The Christ Hospital/University of Cincinnati College of Medicine

**Derrick Cetin, DO**, Associate Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University; Staff Bariatric Medicine, Bariatric and Metabolic Institute, Cleveland Clinic Foundation

**Robert J. Cluxton, Jr., PharmD, MBA**, Professor of Pharmacy Practice and Family Medicine, The James L. Winkle College of Pharmacy, University of Cincinnati

**Thomas M. File, MD, MSc, MACP, FIDSA, FCCP**, Chair, Infectious Disease Division, Summa Health System; Professor, Internal Medicine; Master Teacher, Chair, Infectious Disease Section, Northeast Ohio Medical University

**Jen-Tzer Gau, MD, PhD**, Associate Professor, Department of Geriatric Medicine/Gerontology, Ohio University Heritage College of Osteopathic Medicine

**Lisa Gray, MD**, Associate Director Geriatric Psychiatry Fellowship, VA Medical Center, University of Cincinnati

**Nancy A. Istenes, DO, CMD**, Associate Professor, Internal Medicine, Northeast Ohio Medical University; Medical Director Long-Term and Transitional Care Services, Medical Director Summa Homecare, Summa Health System

**Karissa Y. Kim, PharmD, CACP, BCPS**, Clinical Associate Professor, Pharmacy Practice, Introductory Pharmacy Practice Experience Coordinator, The James L. Winkle College of Pharmacy, University of Cincinnati

**Cynthia Kuttner- Sands, MD, CMD**, Chair, Assistant Professor, Department of Geriatric Medicine/Gerontology, Ohio University Heritage College of Osteopathic Medicine

**Carol A. Langford, MD, MHS, FACP**, Harold C. Schott Chair in Rheumatic and Immunologic Diseases; Director, Center for Vasculitis Care and Research, Cleveland Clinic

**Amanda Lathia, MD, MPhil**, Assistant Professor, Cleveland Clinic Center for Geriatric Medicine, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University

**Larry W. Lawhorne, MD**, Professor and Chair, Department of Geriatrics, Wright State University, Boonshoft School of Medicine

**Donald O. Mack, MD, FAAFP, CMD**, Assistant Professor, Department of Family Medicine, The Ohio State University, College of Medicine

**Jennifer Molano, MD**, Assistant Professor of Neurology, The University of Cincinnati, College of Medicine

**Cynthia G. Olsen, MD, FAAFP, CMD**, Professor, Geriatric Medicine, Acting Chair, Family Medicine, Wright State University Boonshoft School of Medicine

**Jeffrey D. Schlaudecker, MD**, Assistant Professor of Family Medicine, The University of Cincinnati; Associate Residency Program Director, Assistant Director of Inpatient Family Medicine, The Christ Hospital/University of Cincinnati

## FACULTY CONTINUED

**Quratulain Syed, MD**, Assistant Professor, Cleveland Clinic Center for Geriatric Medicine, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University

**Christine Taylor, PhD**, Professor of Medicine, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, Director Faculty Development, Cleveland Clinic

**Michael B. Wells, MD**, Assistant Professor of Ophthalmology, Department of Ophthalmology and Visual Sciences, Wexner Medical Center, The Ohio State University

**Bill Zafirau, MD**, Clinical Assistant Professor, Family and Community Medicine, Northeast Ohio Medical University; Director, Cleveland Clinic at Home

## OBJECTIVES

- Discuss the mechanism of action and clinical efficacy of new oral anticoagulants.
- Provide a summary of important new research in the area of geriatric pharmacotherapy.
- List principles of antimicrobial stewardship and apply antimicrobial stewardship to long term care.
- Describe the clinical spectrum of frontotemporal lobal degeneration.
- Identify characteristic features of mental illness in the older adult.
- Recognize sleep issues in older adults.
- Recognize and review the latest information on soft tissue infections in the elderly.
- Describe common liability concerns in providing care for older adults and approaches to decreasing risks.
- Recognize the nature of age-related macular degeneration, its treatment options, and overall impact on patients and society.
- Identify handheld point of care resource tools (apps) that can enhance efficiency and patient care.
- State evidence regarding functional status improvement after hospitalization of older adults for acute medical illness.
- Recognize rehospitalization as a prevalent and costly problem in US healthcare.
- Describe recertification charges in home care medical.
- Describe the clinical features and diagnosis of giant cell arteritis and polymyalgia rheumatica.
- Recognize life threatening symptoms and signs as opposed to benign ones.
- Recognize sarcopenic obesity.
- Review the current literature on evidence based interventions on nutritional support.
- Identify the potential challenges to the clinical assessment of abdominal pain in older patients

## Moderators

**Donald O. Mack, MD, FAAFP, CMD**, Assistant Professor, Department of Family Medicine, The Ohio State University, College of Medicine

**Elizabeth O'Toole, MD**, Professor of Medicine, Bioethics and Family Medicine, Case Western Reserve University, School of Medicine, Director, Division of Geriatrics and Palliative Care, MetroHealth Medical Center

**Cynthia G. Olsen, MD, FAAFP, CMD**, Professor, Geriatric Medicine, Acting Chair, Family Medicine, Wright State University, Boonshoft School of Medicine

**Larry W. Lawhorne, MD**, Professor and Chair, Department of Geriatrics, Wright State University, Boonshoft School of Medicine

# IMPROVING THE HEALTH OF OUR ELDERS: TOPICS IN GERIATRIC MEDICINE

## FACULTY DEVELOPMENT WORKSHOP

### *Part I: "Integrating Key Geriatric Concepts Into a Busy Practice: Planning, Persistence and Passion"*

*Presented by: Christine Taylor, PhD*

The first half of this educational workshop aimed at physician educators will feature a lecture/discussion to focus on how the clinician can teach geriatric principles to trainees in a busy day.

*Objectives:* List at least 3 strategies for integrating key geriatric principles into their teaching.

Plan an outpatient experience that includes the use of at least one of the strategies.

Assess the effectiveness of the strategy by using one of the informal assessment strategies.

### *Part II: "Teaching Beyond Powerpoint"*

*Presented by: Jeffrey Schlaudecker, MD; Quratulain Syed, MD; Amanda Lathia, MD*

Engaging adult learners is challenging, but medical educators have never had more options! The second half will include shared methods to make learning more interactive with brief descriptions of innovative teaching strategies and then allow for participants to individually learn more about any of the strategies.

*Objectives:*

Describe one or more novel educational initiatives that can be used with medical students or residents.

Explain the benefits of creating curriculum that engages learners.

List additional ways for teaching learners, in addition to traditional lecture and describe the benefits of each.

## ACCREDITATIONS

The University of Toledo is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Toledo designates this live educational activity for a maximum of 12.00 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with American Academy of Family Physicians.

Determination of credit is pending.

The Ohio University Heritage College of Osteopathic Medicine is accredited by the American Osteopathic Association as an accredited AOA Category 1 accredited CME sponsor. This program is anticipated to offer 12 hours of AOA Category 2-A CME credit pending the approval of the AOA Council on Continuing Medical Education.

## REGISTRATION

Please register at your earliest convenience as enrollment is limited by the capacity of the conference facility. \$50 will be retained for administrative services on any cancellation/changes prior to September 28, 2012. No refunds thereafter.

**Online (preferred): [cme.utoledo.edu](http://cme.utoledo.edu) (under Upcoming Events)**

**By Mail:** Center for Continuing Medical Education, MS #1092, The University of Toledo, Health Science Campus, 3000 Arlington Avenue, Toledo, Ohio 43614

**Participant meals are included with the registration fee.**

**Guest/Family Meal tickets are available for purchase (see bottom of registration form for fees).**  
**No refunds given for over purchased or unused meal tickets.**

**NAME BADGES WILL BE PROVIDED AS PROOF OF PAYMENT AND MUST BE WORN AT ALL MEALS**

## QUESTIONS, PLEASE CALL OR E-MAIL US:

**Phone:** 419-383-4237 or **Email:** [becky.roberts@utoledo.edu](mailto:becky.roberts@utoledo.edu)

## OVERNIGHT ACCOMMODATIONS

Please call 1-800-282-7275 and use the **group name "Geriatric Medicine Conference"** to reserve overnight accommodations at Salt Fork Resort and Conference Center., Route 22 East, Cambridge OH 43725 (740-439-2751). Room block and discount rates will be held until: **September 10, 2012.**

# REGISTRATION FORM

**PRINT or TYPE CLEARLY. Duplicate form for multiple registrations. Form MUST be completed in entirety.**

23RD ANNUAL STATEWIDE GERIATRIC MEDICINE CONFERENCE, OCTOBER 12-14, 2012

Name _____																								
Address _____	City _____	State _____	Zip _____	County _____																				
Specialty/Profession _____		Degree _____		Telephone _____																				
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Number _____		Signature _____		Expiration Date _____																				
Make checks payable to: UT-CME		Mail this form to: Center for Continuing Medical Education, MS #1092 The University of Toledo, Health Science Campus 3000 Arlington Avenue, Toledo, Ohio 43614																						
<p><b>CONFERENCE PARTICIPANT Fees:</b>  <b>PARTICIPANT ONLY</b> -Includes CE credit, and meals (Friday reception, Breakfast both Saturday and Sunday, Saturday Banquet)</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 40%;">Health care professionals</td> <td style="width: 10%;">\$295</td> <td style="width: 50%;">\$ _____</td> </tr> <tr> <td>Medical fellows, residents and students</td> <td>\$150</td> <td>\$ _____</td> </tr> </table> <p><b>Registration deadline September 28, 2012. Cancellations must be in writing and are subject to a \$50 administrative fee.</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 70%;"><b>Participant ONLY</b> please indicate what you plan to attend: (included with Conference registration fee):</td> <td style="width: 30%; text-align: right;"><b>Please Circle</b></td> </tr> <tr> <td>Friday: Reception</td> <td>Yes / No</td> </tr> <tr> <td>Saturday: Buffet lunch</td> <td>Yes / No</td> </tr> <tr> <td colspan="2" style="text-align: center;">OR</td> </tr> <tr> <td>Annual Ohio Geriatrics Society Meeting (includes lunch)</td> <td>Yes / No</td> </tr> <tr> <td>Saturday: Banquet dinner</td> <td>Yes / No</td> </tr> <tr> <td>Saturday night: Bonfire (No charge for all attendees and guests)</td> <td>Total attending (including self) # _____</td> </tr> </table>					Health care professionals	\$295	\$ _____	Medical fellows, residents and students	\$150	\$ _____	<b>Participant ONLY</b> please indicate what you plan to attend: (included with Conference registration fee):	<b>Please Circle</b>	Friday: Reception	Yes / No	Saturday: Buffet lunch	Yes / No	OR		Annual Ohio Geriatrics Society Meeting (includes lunch)	Yes / No	Saturday: Banquet dinner	Yes / No	Saturday night: Bonfire (No charge for all attendees and guests)	Total attending (including self) # _____
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<p><b>Syllabus/Handouts: Choose one (limited copies available for purchase at the conference)</b></p> <p><b>Print Version</b>          Receive printed binder of the syllabus/handouts at the conference (fee applies)      \$ 25.00</p> <p><b>Online Version</b>          Email instructions sent 1 week prior to conference. No printed copy provided (<b>Include email above</b>)      (no charge)</p>																								
<p><b>Workshops: Indicate Preference: (Please note Workshop A is 2 hrs 3:30-5:30)</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">3:30 p.m.</td> <td style="width: 10%;"><input type="checkbox"/> A</td> <td style="width: 10%;"><input type="checkbox"/> B</td> <td style="width: 10%;"><input type="checkbox"/> D</td> <td style="width: 30%;">4:30 p.m.</td> <td style="width: 10%;"><input type="checkbox"/> A</td> <td style="width: 10%;"><input type="checkbox"/> C</td> <td style="width: 10%;"><input type="checkbox"/> D</td> <td style="width: 10%;"><input type="checkbox"/> E</td> <td style="width: 30%;">5:30 p.m.</td> <td style="width: 10%;"><input type="checkbox"/> B</td> <td style="width: 10%;"><input type="checkbox"/> C</td> <td style="width: 10%;"><input type="checkbox"/> E</td> </tr> </table>					3:30 p.m.	<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> D	4:30 p.m.	<input type="checkbox"/> A	<input type="checkbox"/> C	<input type="checkbox"/> D	<input type="checkbox"/> E	5:30 p.m.	<input type="checkbox"/> B	<input type="checkbox"/> C	<input type="checkbox"/> E							
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<p><b>GUESTS/FAMILY TICKETS: must be purchased as needed: (PARTICIPANT Choices/meals included above)</b></p> <p><b>All meals (for guests)</b> includes Friday Reception, Sat/Sun Breakfasts, and Saturday lunch and Banquet</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 40%;">For _____ Adults x \$100 each</td> <td style="width: 10%;">\$ _____</td> </tr> <tr> <td>For _____ Children (Ages 5-16) x \$75 each</td> <td>\$ _____</td> </tr> <tr> <td>For _____ Children (under age 5=free)</td> <td>\$ 0</td> </tr> </table> <p><b>Saturday Banquet Dinner only (for guests)</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 40%;">For _____ persons x \$30</td> <td style="width: 10%;">\$ _____</td> </tr> <tr> <td>For _____ children (under age 5=free)</td> <td>\$ 0</td> </tr> </table>					For _____ Adults x \$100 each	\$ _____	For _____ Children (Ages 5-16) x \$75 each	\$ _____	For _____ Children (under age 5=free)	\$ 0	For _____ persons x \$30	\$ _____	For _____ children (under age 5=free)	\$ 0										
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<p>Special Requirements: _____</p>																								