

THE 23RD ANNUAL STATEWIDE GERIATRIC MEDICINE CONFERENCE 2012
SALTFORK RESORT AND CONFERENCE CENTER, CAMBRIDGE, OHIO

Friday, October 12 - Sunday, October 14, 2012

IMPROVING THE HEALTH OF OUR ELDERS: TOPICS IN GERIATRIC MEDICINE



Sponsored by:

The Consortium of Ohio Geriatric Academic Programs

The Offices of Geriatric Medicine/Gerontology at:

Case Western Reserve University, School of Medicine

Northeast Ohio Medical University

The Ohio State University, College of Medicine

Ohio University Heritage College of Osteopathic Medicine

University of Cincinnati, College of Medicine

The University of Toledo, College of Medicine and Life Sciences

Wright State University, Boonshoft School of Medicine

and

The University of Toledo, Center for Continuing Medical Education

Supported by:

Ohio Geriatrics Society (OGS)

Office of Continuing Medical Education at the

Ohio University College of Osteopathic Medicine (OU-COM)



IMPROVING THE HEALTH OF OUR ELDERS: TOPICS IN GERIATRIC MEDICINE

Friday, October 12, 2012

- 6:00 p.m. Conference Registration and Wine & Hors d'oeuvres Reception (2nd level)
 6:45 p.m. Conference Welcome, *Cynthia G Olsen, MD, FAAFP, CMD*
 7:00 p.m. **Symposium I: What's New In Geriatric Pharmacotherapy** (2nd level Ballroom)
Moderator: Cynthia G. Olsen, MD, FAAFP, CMD
New Oral Anticoagulants, *Karissa Y. Kim, PharmD, CACP, BCPS*
Pharmacology Updates, *Robert J. Cluxton, Jr., PharmD, MBA*
Antibiotic Stewardship in LTC, *Thomas M. File, Jr, MD, MSc, MACP, FIDSA, FCCP*
 Discussion & Questions
 9:00 p.m. Adjournment

Saturday, October 13, 2012

- 7:15 a.m. Daily Sign-In (2nd level) (Breakfast on 4th level)
 8:00 a.m. **Symposium II: Neuro-Psychiatric Disorders Update** (2nd level Ballroom)
Moderator: Larry W. Lawhorne, MD
Frontotemporal Dementia: An Overview, *Brian S. Appleby, MD*
Treating the Aged Patient with Chronic Mental Illness, *Lisa Gray, MD*
Sleep in Older Adults, *Jennifer Molano, MD*
 Discussion and Questions
 10:00 a.m. Break
 10:30 a.m. **Symposium III: Issues in Elder Care** (2nd level Ballroom)
Moderator: Elizabeth O'Toole, MD
Dermatology Issues in Geriatrics: Part III, *Cynthia G. Olsen, MD, FAAFP, CMD*
Liability Issues: Should I Really Be Worried?, *Larry W. Lawhorne, MD*
Age-Related Macular Degeneration: Overview, Current Management and Future Directions
Michael Wells, MD
 Discussion and Questions
 12:30 p.m. General Luncheon Buffet (4th Level)
 Annual Meeting of the Ohio Geriatric Society (3rd level Morgan Room)

Saturday Workshop
 Discussion Seminars
 Pick One For Each Session

3:30-5:25p.m. A

3:30-4:25p.m. B,D

4:30-5:25p.m. C,D,E

5:30-6:25p.m. B,C,E

A. Faculty Development (2 hrs) Details on Page 4

Part I: *Christine Taylor, PhD*

Part II: *Jeffrey Schlaudecker, MD, Quratulain Syed, M, Amanda Lathia, MD*

B. Gerontechnology: You've Got An App For That?, *Christopher Bernheisel, MD*

C. Improving Function After An Illness: What Works?, *Orson J. Austin, MD*

D. Care-Transitions: From Hospital to Home, *Nancy A. Istenes, DO, CMD*

E. Home Care Medicine Update, *Bill Zafirau, MD*

- 7:00 p.m. Dinner Banquet (4th level)

Sunday, October 14, 2012

- 7:15 a.m. Daily Sign-In (2nd level) (Breakfast on 4th level)
 8:00 a.m. **Symposium IV: Rheumatologic Dilemmas in Older Persons**(2nd level Ballroom)
Moderator: Donald O. Mack, MD, FAAFP, CMD
Giant Cell Arteritis and Polymyalgia Rheumatica, *Carol A. Langford, MD, MHS, FACP*
Evaluation of Spinal Complaints in the Elderly, *Cynthia Kuttner-Sands, MD, CMD*
 Discussion and Questions
 9:15 a.m. Break
 9:30 a.m. **Symposium V: Nutritional, Metabolic & GI Issues in Elders** (2nd level Ballroom)
Moderator: Cynthia G Olsen, MD, FAAFP, CMD
Obesity in the Elderly, *Derrick Cetin, DO*
Feeding Decisions: What Works? What Doesn't?, *Donald O Mack, MD, FAAFP, CMD*
A Practical Approach to Abdominal Pain in the Elderly, *Jen Tzer Gau, MD, PhD*
 Discussion and Questions
 11:30 a.m. Adjournment

FACULTY

Brian S. Appleby, MD, Active Staff, Lou Ruvo Center for Brain Health; Active Staff Department of Psychiatry & Psychology, Neurological Institute, Cleveland Clinic

Orson J. Austin, MD, Associate Professor of Family Medicine, University of Cincinnati, College of Medicine

Christopher Bernheisel, MD, Assistant Professor, University of Cincinnati; Program Director, Family Medicine, The Christ Hospital/University of Cincinnati College of Medicine

Derrick Cetin, DO, Associate Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University; Staff Bariatric Medicine, Bariatric and Metabolic Institute, Cleveland Clinic Foundation

Robert J. Cluxton, Jr., PharmD, MBA, Professor of Pharmacy Practice and Family Medicine, The James L. Winkle College of Pharmacy, University of Cincinnati

Thomas M. File, MD, MSc, MACP, FIDSA, FCCP, Chair, Infectious Disease Division, Summa Health System; Professor, Internal Medicine; Master Teacher, Chair, Infectious Disease Section, Northeast Ohio Medical University

Jen-Tzer Gau, MD, PhD, Associate Professor, Department of Geriatric Medicine/Gerontology, Ohio University Heritage College of Osteopathic Medicine

Lisa Gray, MD, Associate Director Geriatric Psychiatry Fellowship, VA Medical Center, University of Cincinnati

Nancy A. Istenes, DO, CMD, Associate Professor, Internal Medicine, Northeast Ohio Medical University; Medical Director Long-Term and Transitional Care Services, Medical Director Summa Homecare, Summa Health System

Karissa Y. Kim, PharmD, CACP, BCPS, Clinical Associate Professor, Pharmacy Practice, Introductory Pharmacy Practice Experience Coordinator, The James L. Winkle College of Pharmacy, University of Cincinnati

Cynthia Kuttner- Sands, MD, CMD, Chair, Assistant Professor, Department of Geriatric Medicine/Gerontology, Ohio University Heritage College of Osteopathic Medicine

Carol A. Langford, MD, MHS, FACP, Harold C. Schott Chair in Rheumatic and Immunologic Diseases; Director, Center for Vasculitis Care and Research, Cleveland Clinic

Amanda Lathia, MD, MPhil, Assistant Professor, Cleveland Clinic Center for Geriatric Medicine, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University

Larry W. Lawhorne, MD, Professor and Chair, Department of Geriatrics, Wright State University, Boonshoft School of Medicine

Donald O. Mack, MD, FAAFP, CMD, Assistant Professor, Department of Family Medicine, The Ohio State University, College of Medicine

Jennifer Molano, MD, Assistant Professor of Neurology, The University of Cincinnati, College of Medicine

Cynthia G. Olsen, MD, FAAFP, CMD, Professor, Geriatric Medicine, Acting Chair, Family Medicine, Wright State University Boonshoft School of Medicine

Jeffrey D. Schlaudecker, MD, Assistant Professor of Family Medicine, The University of Cincinnati; Associate Residency Program Director, Assistant Director of Inpatient Family Medicine, The Christ Hospital/University of Cincinnati

FACULTY CONTINUED

Quratulain Syed, MD, Assistant Professor, Cleveland Clinic Center for Geriatric Medicine, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University

Christine Taylor, PhD, Professor of Medicine, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, Director Faculty Development, Cleveland Clinic

Michael B. Wells, MD, Assistant Professor of Ophthalmology, Department of Ophthalmology and Visual Sciences, Wexner Medical Center, The Ohio State University

Bill Zafirau, MD, Clinical Assistant Professor, Family and Community Medicine, Northeast Ohio Medical University; Director, Cleveland Clinic at Home

OBJECTIVES

- Discuss the mechanism of action and clinical efficacy of new oral anticoagulants.
- Provide a summary of important new research in the area of geriatric pharmacotherapy.
- List principles of antimicrobial stewardship and apply antimicrobial stewardship to long term care.
- Describe the clinical spectrum of frontotemporal lobar degeneration.
- Identify characteristic features of mental illness in the older adult.
- Recognize sleep issues in older adults.
- Recognize and review the latest information on soft tissue infections in the elderly.
- Describe common liability concerns in providing care for older adults and approaches to decreasing risks.
- Recognize the nature of age-related macular degeneration, its treatment options, and overall impact on patients and society.
- Identify handheld point of care resource tools (apps) that can enhance efficiency and patient care.
- State evidence regarding functional status improvement after hospitalization of older adults for acute medical illness.
- Recognize rehospitalization as a prevalent and costly problem in US healthcare.
- Describe recertification charges in home care medical.
- Describe the clinical features and diagnosis of giant cell arteritis and polymyalgia rheumatica.
- Recognize life threatening symptoms and signs as opposed to benign ones.
- Recognize sarcopenic obesity.
- Review the current literature on evidence based interventions on nutritional support.
- Identify the potential challenges to the clinical assessment of abdominal pain in older patients

Moderators

Donald O. Mack, MD, FAAFP, CMD, Assistant Professor, Department of Family Medicine, The Ohio State University, College of Medicine

Elizabeth O'Toole, MD, Professor of Medicine, Bioethics and Family Medicine, Case Western Reserve University, School of Medicine, Director, Division of Geriatrics and Palliative Care, MetroHealth Medical Center

Cynthia G. Olsen, MD, FAAFP, CMD, Professor, Geriatric Medicine, Acting Chair, Family Medicine, Wright State University, Boonshoft School of Medicine

Larry W. Lawhorne, MD, Professor and Chair, Department of Geriatrics, Wright State University, Boonshoft School of Medicine

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FACULTY DEVELOPMENT WORKSHOP

Part I: "Integrating Key Geriatric Concepts Into a Busy Practice: Planning, Persistence and Passion"

Presented by: Christine Taylor, PhD

The first half of this educational workshop aimed at physician educators will feature a lecture/discussion to focus on how the clinician can teach geriatric principles to trainees in a busy day.

Objectives: List at least 3 strategies for integrating key geriatric principles into their teaching.

Plan an outpatient experience that includes the use of at least one of the strategies.

Assess the effectiveness of the strategy by using one of the informal assessment strategies.

Part II: "Teaching Beyond Powerpoint"

Presented by: Jeffrey Schlaudecker, MD; Quratulain Syed, MD; Amanda Lathia, MD

Engaging adult learners is challenging, but medical educators have never had more options! The second half will include shared methods to make learning more interactive with brief descriptions of innovative teaching strategies and then allow for participants to individually learn more about any of the strategies.

Objectives:

Describe one or more novel educational initiatives that can be used with medical students or residents.

Explain the benefits of creating curriculum that engages learners.

List additional ways for teaching learners, in addition to traditional lecture and describe the benefits of each.

ACCREDITATIONS

The University of Toledo is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Toledo designates this live educational activity for a maximum of 12.00 *AMA PRA Category 1 Credits*TM. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with American Academy of Family Physicians.

Determination of credit is pending.

The Ohio University Heritage College of Osteopathic Medicine is accredited by the American Osteopathic Association as an accredited AOA Category 1 accredited CME sponsor. This program is anticipated to offer 12 hours of AOA Category 2-A CME credit pending the approval of the AOA Council on Continuing Medical Education.

REGISTRATION

Please register at your earliest convenience as enrollment is limited by the capacity of the conference facility.

\$50 will be retained for administrative services on any cancellation/changes prior to September 28, 2012.

No refunds thereafter.

Online (preferred): cme.utoledo.edu (under Upcoming Events)

By Mail: Center for Continuing Medical Education, MS #1092, The University of Toledo,
Health Science Campus, 3000 Arlington Avenue, Toledo, Ohio 43614

Participant meals are included with the registration fee.

Guest/Family Meal tickets are available for purchase (see bottom of registration form for fees).

No refunds given for over purchased or unused meal tickets.

**NAME BADGES WILL BE PROVIDED AS PROOF OF
PAYMENT AND MUST BE WORN AT ALL MEALS**

QUESTIONS, PLEASE CALL OR E-MAIL US:

Phone: 419-383-4237 or **Email:** becky.roberts@utoledo.edu

OVERNIGHT ACCOMMODATIONS

Please call 1-800-282-7275 and use the **group name "Geriatric Medicine Conference"** to reserve overnight accommodations at Salt Fork Resort and Conference Center., Route 22 East, Cambridge OH 43725 (740-439-2751).

Room block and discount rates will be held until: **September 10, 2012.**

REGISTRATION FORM

PRINT or TYPE CLEARLY. Duplicate form for multiple registrations. Form MUST be completed in entirety.

23RD ANNUAL STATEWIDE GERIATRIC MEDICINE CONFERENCE, OCTOBER 12-14, 2012

Name _____

Address _____

City _____

State _____

Zip _____

County _____

Specialty/Profession _____

Degree _____

Telephone _____

Total \$ _____

E-mail _____

Please charge \$ _____ to my: (check one) _____ MasterCard _____ Visa _____ Discover

Number _____

Signature _____

Expiration Date _____

Make checks payable to: UT-CME

Mail this form to: Center for Continuing Medical Education, MS #1092
The University of Toledo, Health Science Campus
3000 Arlington Avenue, Toledo, Ohio 43614

CONFERENCE PARTICIPANT Fees:

PARTICIPANT ONLY -Includes CE credit, and meals (Friday reception, Breakfast both Saturday and Sunday, Saturday Banquet)

Health care professionals

\$295

\$ _____

Medical fellows, residents and students

\$150

\$ _____

Registration deadline September 28, 2012. Cancellations must be in writing and are subject to a \$50 administrative fee.

Participant ONLY please indicate what you plan to attend: (included with Conference registration fee):

Please Circle

Friday: Reception

Yes / No

Saturday: Buffet lunch

Yes / No

OR

Annual Ohio Geriatrics Society Meeting (includes lunch)

Yes / No

Saturday: Banquet dinner

Yes / No

Saturday night: Bonfire (No charge for all attendees and guests)

Total attending (including self) # _____

Syllabus/Handouts: Choose one (limited copies available for purchase at the conference)

Print Version

Receive printed binder of the syllabus/handouts at the conference (fee applies)

\$ 25.00

Online Version

Email instructions sent 1 week prior to conference. No printed copy provided (**Include email above**)

(no charge)

Workshops: Indicate Preference: (Please note Workshop A is 2 hrs 3:30-5:30)

3:30 p.m.

☐ A

☐ B

☐ D

4:30 p.m.

☐ A

☐ C

☐ D

☐ E

5:30 p.m.

☐ B

☐ C

☐ E

GUESTS/FAMILY TICKETS: must be purchased as needed: (PARTICIPANT Choices/meals included above)

All meals (for guests) includes Friday Reception, Sat/Sun Breakfasts, and Saturday lunch and Banquet

For _____ Adults x \$100 each

\$ _____

For _____ Children (Ages 5-16) x \$75 each

\$ _____

For _____ Children (under age 5=free)

\$ 0

Saturday Banquet Dinner only (for guests)

For _____ persons x \$30

\$ _____

For _____ children (under age 5=free)

\$ 0

Special Requirements: _____